

3rd Baltic Symposium
**STRENGTHENING THE PEOPLE-CENTRED MODEL OF TUBERCULOSIS CARE FOR
BETTER DIAGNOSIS AND TREATMENT OUTCOMES**

November 23-24, 2018

AVALON Hotel & Conferences, 13.Janvara str. 19, Riga, Latvia

Day I, 23rd of November, 2018

11:00-11:30 Registration of participants and coffee

11:30-12:30 Opening ceremony. Chair: Dr. Andra Cirule, Dr. Richard Zaleskis, MoH, countries representatives, Patient empowerment/patient stories

Session I

What has happened and where do we stand in Baltics on TB control?

Chairs: Dr. Liga Kuksa, Prof. Skaidrius Miliauskas

12:30-13:00 Epidemiological situation of TB in three Baltic countries; successes and challenges. Dr. Richard Zaleskis

13:00-13:30 Ending Tuberculosis, WHO European Region's perspective. Dr. Masoud Dara

13:30-14:00 Evidence and WHO policy recommendations on TB patient adherence support measures. Ms. Anna Maria Cocozza

14:00-15:00 Lunch

Session II

TB diagnosis, treatment and prevention

Chairs: Dr. Gunta Dravniece, Dr. Manfred Danilovits

15:00-15:30 Better TB Diagnosis– improved care for patients. Dr. Girts Skenders

15:30-16:00 Management of LTBI in specific risk groups. Highlights in the new WHO and ECDC guidelines (2018). Dr. Manfred Danilovits

16:00-16:30 Coffee break

16:30-17:00 Clinical DR-TB patient management; how to adapt the new WHO recommendations in the Baltic countries; challenges and obstacles. Dr. Liga Kuksa

17:00-17:30 Shorter DR-TB treatment regimens – experience in the WHO Euro countries; way forward in the Baltic states. Dr. Gunta Dravniece

19:00 Dinner at *Gutenbergs Rooftop Restaurant, Doma laukums 1, Riga*

Day II, 24th of November, 2018

Session III

Towards "Patients centred care"

Chairs: Prof. Skaidrius Miliauskas

8:30-8:50	Moving from hospital to outpatient care. Experience from Lithuania.	Prof. Skaidrius Miliauskas
8:50-9:10	Providing stigma reduction and health care workers wellbeing in people centred model of TB care.	Mrs. Ieva Leimane
9:10-9:30	Nursing approach to a people-centred model of TB care.	Mrs. Evita Biraua
9:30-10:00	Digital health solutions for treatment adherence and patient empowerment.	Mr. Kristian van Kalmthout
10:00-10:30	Non-adherence to treatment of TB: a quantitative, multi-methods, approach.	Dr. Helen Stagg
10:30-11:00 Coffee break		
11:00-12:00 Panel discussion		
Adapting the latest evidence of patient centred approach in TB patient care - Way forward in the Baltic countries		
Moderator: Dr. Richard Zaleskis Panelists: Ms. Anna Maria Coccozza, Dr. Liga Kuksa, Dr. Girts Skenders, Dr. Manfred Danilovits, prof. Skaidrius Miliauskas, Dr. Gunta Dravniece, Mrs. Evita Biraua, Dr. Helen Stagg, Patients' representative.		
12:00-13:30	Working in 3 groups: Streamline the "people-centred model of TB care" in country models of care. Action points for discussions for each country: 1) adoption of rapid tests and changes in the treatment guidelines (which regimens we take, what should be changed, which tests we will use in which sequence); 2) patient empowerment, and education (involving patients in decision making, monitoring process, improving communication with patients to gain trust); 3) digital health solutions for adherence and patient empowerment (e.g. apps, 99 DOTs, self-monitoring tools).	Prof. Skaidrius Miliauskas, Dr. Liga Kuksa, Dr. Manfred Danilovits
13:30-14:30 Lunch		

Plenary debates:

14:30-16:00

**presentations of groups work and accepting
Memorandum of Understanding**

Moderators: Dr. Richard Zaleskis, Dr. Gunta
Dravniece

Presenters:

Estonia: Dr. Manfred
Danilovits

Lithuania: prof. Skaidrius
Miliauskas

Latvia: Dr. Liga Kuksa

**16:00-16:30 Closing
Coffee and Departure**

List of speakers in alphabetic order

No	Surname, name	Institution	Country
1	Mrs. Biraua Evita	Head nurse of the Outpatient Department of the TB and Lung Disease centre	Latvia
2	Dr. Cirule Andra	Head Doctor of the Centre of Tuberculosis and Lung Diseases, Riga East University Hospital	Latvia
3	Mrs. Cocozza Anna Maria	WHO/GTB consultant	Switzerland
4	Dr. Danilovits Manfred	TB consultant, Tartu University hospital	Estonia
5	Dr. Dara Masoud	WHO Europe office	Denmark
6	Dr. Dravniece Gunta	TB consultant, KNCV	The Netherlands
7	Dr. Kuksa Liga	Head of WHO CC on MDR-TB research and management	Latvia
8	Mrs. Leimane Ieva	Human Resources for Health Consultant, KNCV	The Netherlands
9	Prof. Miliauskas Skaidrius	Hospital of Lithuanian University of Health Sciences	Lithuania
10	Dr. Skenders Girts	Scientist of the Latvian University	Latvia
11	Dr. Stagg Helen	University of Edinburgh	United Kingdom
12	Mr. van Kalmthout Kristian	Digital health consultant, KNCV	The Netherlands
13	Dr. Zaleskis Richard	Chair of the Latvian Society Against TB	Latvia